

2026 RGFPSL Operating Rules



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About this Manual

Version History

Revision Number	0.2
Effective Date	1/5/2026
Owner	RGFPSL Secretary
Approvers	RGFPSL Board of Directors
Status	Draft

Prepared by:	Karla Burket
Date:	
Document version:	0.1

Revision History

Version	Date	Revision Description	Revised by
0.1	12/8/2025	Initial Draft (2025 Final)	n/a
0.2	1/5/2026	Final	Jose

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Formatting in this document

This document uses Styles to ensure consistent formatting.

- Heading 1 used for the title in non-chapter sections (TOC, About, Appendices)
- Chapter Heading used for the title in chapter sections. The heading numbers the Section.

Section I

A. Responsibilities and Conduct

1. An environment for the development of good moral, physical, and mental standards for players shall be maintained. All adults will exemplify these ideals during all league activities.
2. All Board Members, head coaches, managers and team staff are required to meet USA Softball clearance requirements annually.
 - a. All team staff are required to pass a background check, this includes requirements mandated by the RGFPSL or its governing bodies prior to engaging in participation in practices. Thereafter, subsequent background checks may be requested at the Board's discretion.
 - b. The Board, at its discretion, may reject any application based upon information contained in the background report obtained.
 - c. Uniforms will not be issued until background check documentation has been received by the league Registrar for all volunteers on the team.
3. All individuals submitting a coach and/or manager application may be interviewed by the Coach/Manager Interview Committee. The Committee will present their recommendations for coaches and managers to the Board for approval at the regularly scheduled board meeting.
4. Businesses will be allowed to advertise on team shirts, pennants and banners, except for anything that may be detrimental to the players, the Rocklin Girls Fast Pitch Softball League (RGFPSL) or the Northern California Girls Softball Association (NorCal), upon Board approval by majority vote.
 - a. A sponsor with player(s) on a team may be that team's sponsor.
5. Managers will inform the Board Secretary and the Division Rep at the first available opportunity of any injuries incurred during games, practices or league functions.
 - a. The manager will submit a completed Injury Report form and enter the time and date of the injury in the scorebook if it occurs during a game.
6. Managers will inform the Player Agent and division rep within 48 hours of any player dropping from a team or who is suspended by a Board Member or Umpire for improper conduct.
7. The use of vulgar language, alcohol, drugs or any tobacco product or any misconduct on the playing field or dugout area during practices, games and/or tournaments is forbidden. Any infraction will be reviewed by the Board or Executive Committee. Any persons found to be in

violation may be suspended or expelled from the league based on the decision of the Board or Executive Committee.

8. Persons who fail to comply with all rules and regulations set forth by the League or who falsify any records or applications are subject to disciplinary action. Every effort will be made to ensure that such action will not be at the expense of the players.
9. It is the responsibility of managers and coaches to inform all players and parents of the rules.

B. Eligibility of Girls

1. Any girl from age 4 through 17 is eligible to play under the rules of the league, as long as she fulfills requirements prescribed by the League and NorCal guidelines, and zip code boundaries (95765 and 95677) or attend a Rocklin School with the exceptions of players who have been grandfathered into the League and by an exception granted by NorCal.
2. The division a player will play in is determined by their age as of September 1 of the registration year.
 - a. Age is determined by the birth date provided at the time of registration.
 - b. The League reserves the right to require presentation of acceptable proof of birth date.
 - c. Any exception must be approved by the Board.
3. Girls 3 through 4 years of age are eligible for the TBall division.
4. Girls 5 through 6 years of age are eligible for the (6U) division.
5. Girls 7 through 8 years of age are eligible for the 8 & Under (8U) division.
6. Girls 9 through 10 years of age are eligible for the 10 & Under (10U) division.
7. Girls 11 through 12 years of age are eligible for the 12 & Under (12U) division.
8. Girls 13 through 14 years of age are eligible for the 14 & Under (14U) division.
9. Girls 15 through 16 years of age are eligible for the 16 & Under (16U) division.
10. Players with a minimum of one-year prior RGFPSL experience may play-up in the next division with Board approval.
 - a. Parents must complete and submit a 'Play Up' form found on the league website to have their daughter considered for approval to play up in the next division.
 - b. The request must include a written recommendation from the player's prior coach/assistant coach/manager/board member.
 - c. If the requested age bracket does not have enough coaching/team space, the request will not be approved until & unless all current players are placed on teams or if the requested player's parent(s) agree to coach/manage a team.

C. Team Formation

Participants will be selected for a team each year. Sisters of the same age group will be kept together unless a parent or guardian submits a written request for separate teams.

- a. The written request must be sent to the Player Agent at least 1 week prior to the draft.



6U and T Ball division

1. The Player Agent and Division Representatives will place players on teams. No draft will take place.
 - a. Every effort will be made to honor teammate requests, but requests are not guaranteed.

8U - 14U/16U divisions

1. A Coach, Team Manager, and Assistant Coach may combine before the draft.
 - a. The combined group may include no more than one (1) ranked pitcher and (1) ranked catcher
 - i. Catchers will not be ranked in the 8U division
 - b. The Pitcher and Catcher rankings will be determined through the player evaluations and by reviewing previous years statistics from Game Changer by the Player Agent
 - c. Players that do not attend player evaluations will be placed on teams by blind draw in a serpentine order at the end of the open draft.
2. Players intending to pitch must be registered prior to the close of registration and attend player evaluations.
 - a. If a player registers after the close of registration or does not attend player evaluation, the player's eligibility to pitch will be at the discretion of the board
3. Players will be evaluated by team coaches and selected via a draft .
 - a. The draft will be a closed-door process, with attendance restricted to the President, Vice President, Secretary, Player Agent, Division Representatives, and Team Representatives.
 - b. Each team will be represented by the Head coach and Team manager.
 - i. An assistant coach may attend only if the Head Coach or Team Manager is unavailable.
 - ii. An assistant coach may not replace a Female Head Coach or Female Team Manager
 - c. The draft will follow a serpentine order.
 - d. Players of the Coaching staff will be assigned to the teams at the beginning of the draft.
 - e. Teams that are assigned a pre-ranked pitcher and/or catcher through their coaching staff will skip their pick in the corresponding pitcher and/or catcher draft round (s)
 - f. Teams with assigned a pre-ranked pitcher and/or catcher may receive an additional player selection starting in the first catch-up round.
 - i. In subsequent catchup rounds, the team may continue to receive additional selections as needed until the total player count matches that of other teams.
 - g. If a team is lacking a Team Manager and/or an Assistant Coach, or if any of the coaching staff does not have a player on the roster, the team may receive an additional player selection starting in the first catch-up round.

- i. In subsequent catchup rounds, the team may continue to receive additional selections as needed until the total player count matches that of other teams.
- 4. The team assigned the lowest draft order number will make the first selection in the player draft.
 - a. Returning Head Coaches or Team Managers in the division will select Uniform colors and team names first, in order of their draft numbers (lowest draft number first)
 - b. Remaining Head Coaches and Team Managers will select Uniform colors and team names, in order of their draft numbers (lowest draft number first)
 - c. Head coaches in multiple divisions will have the first opportunity to select their practice times in both divisions.
 - i. This priority does not extend to Team Managers or Assistant coaches.
 - d. Remaining practice time will be selected in reverse draft order using a serpentine process until all teams have two practice times.
 - e. Requests for additional practice time may be submitted to the scheduler on a first come first served basis after the draft night.
 - f. The scheduler will try to accommodate Team Manager and Assistant Coaches volunteering in multiple teams after the draft night
- 5. The maximum number of players per team will differ per division.
 - a. TBall teams are not to exceed 8 players.
 - b. 6U teams are not to exceed 10 players.
 - c. 8U through 14/16U teams are not to exceed 13 players.
 - d. Any circumstances where a team will exceed the number of players allowed will be approved by the board.

6. Draft Order

8U	10U	12U	14/16U
Ranked Pitcher	Ranked Pitcher	Ranked Pitcher	Ranked Pitcher
Returning 8U All Stars	Ranked Catcher	Ranked Catcher	Ranked Catcher
Open Draft	10U Select / Return Travel	12U Select / Return Travel	14U Select / Return Travel
Catch Up Round/ Open Draft	10U All Stars	12U All Stars	High School Players
Catch Up Round/ Open Draft	Open Draft	Open Draft	Open Draft
Catch Up Round/ Open Draft			

- 7. The Board reserves the right to handle a sponsor conflict during the draft process.
- 8. In the event all registered players cannot be drafted onto teams, priority will be given to current and prior RGFPSP players, based on registration date.



9. Post-Draft Player Movement Policy
 - a. To maintain the integrity, fairness, and balance of the league's draft process, no player trades, player movement between teams, or rideshare requests will be permitted after the draft has concluded. Team rosters are considered final once selections are complete.
 - b. Exceptions may only be made in extraneous or exceptional circumstances, and solely at the discretion of the Board. Any such consideration will be evaluated carefully to ensure decisions remain consistent with league values and the best interests of all players.

Section II: Regular Season Play

A. Scheduling

1. Schedules will be established according to the rules and regulations of NorCal and will include the following requirements:
 - a. Practices will begin no earlier than one month prior to Opening Day.
 - b. Each team will have an equal number of home games, when possible.
 - c. Regular season games will start in March or no later than the first week of April, weather permitting and contingent upon approval of NorCal.
 - d. The first game of the day on any given field will start at the scheduled time.
 - e. If a team fails to start play after the Plate Umpire calls "play ball", that team will forfeit the game.
 - f. If a team fails to have the minimal number of players required to start a game, when the Plate Umpire requests lineups, that team will forfeit the game.
2. Teams are allowed to borrow players (See Section III: Ground Rules for details).
3. Game Time:
 - a. 10U, 12U, 14U/16U games are 7 innings. No new inning may start after 1 hour and 20 minutes.
 - b. 8U games: no new inning may start after 1 hour and 15 minutes.
 - c. Tball & 6U games no new inning may start after 1 hour. Umpires are not in attendance in these divisions.
 - d. The Umpire will notify the Scorekeeper of the start time.
 - i. The Official (Home) Scorekeeper will log the official start time in the official scorebook.
 - ii. The Umpire will be the official timekeeper.
4. Run Rule:
 - a. See NorCal Girls Softball Association Rule.
 - b. When time expires, if the home team is behind with no ability to tie or win (run limits), the home team will be allowed to complete their at-bat, schedule permitting.

B. Scorebooks – Game Changer app

1. No score will be kept in the 6U & TBall division.



2. Each team must have a scorekeeper identified prior to the start of the game. Failure to provide a scorekeeper will result in a forfeit.
3. Prior to the start of each game, the head coach or manager shall submit the original batting lineup to the plate umpire, with copies provided to the official scorekeeper and the opposing manager.
4. The lineup must include the batting order with each girl's first and last name, jersey number, field positions (indicated by number), and any injuries or absences.
5. Teams will be responsible for recording game statistics in Game Changer.
6. Game Changer and/or Scorebooks will track illnesses, absences, suspensions, injuries, innings pitched by all pitchers and innings caught by all catchers.
7. Team Game Changer accounts will be created by "Rocklin Softball"
 - a. "Rocklin Softball" will be the Admin (under the Player Agent's email)
 - b. "Rocklin Softball" will always be kept as the Admin.
 - c. If "Rocklin Softball" is removed, the team may forfeit a future game per board or executive board review.
 - d. The players' names and numbers shall NOT be changed; names and numbers MUST match the scorecard (No Nicknames or Initials)

C. Team Uniforms

1. Players will wear the uniforms supplied by the league. Players will supply their own shorts/pants, socks, sliding pants, gloves, and cleats.
2. No player will be permitted to play out of uniform. Any alterations of uniforms by a team can cause forfeiture of a game.
 - a. Uniform shirts must always be tucked in.

D. Safety

1. Players must wear rubber cleats (as defined in Rule 3 of the USAS Rulebook)
 - a. Metal cleats are allowed in 14U and above.
2. Team members must be kept within designated areas during play (i.e., batter's box, team bench or pitcher's warm-up area) where there is no danger of a team member or spectator being hurt.
3. Any player under a doctor's care must have a doctor's release before she can resume playing for the league.
4. All injuries that occur during practices, games or other league functions must be reported to the League Secretary within twenty-four (24) hours.
5. Anyone under the age of 18 must wear all catcher's equipment (helmet and mask, chest protector and shin guards) when warming up pitchers.
6. All equipment (helmets, bats, catchers gear, etc.) must be approved by the umpire and USA Softball certified.
7. Batting helmets must not be removed from a batter's head while on the playing field. This includes baserunners and any J.O Players acting as base coaches in the field of play (see USAS Safety Awareness section of the rulebook).
8. Sliding is permissible in all divisions per USAS Rule.



9. When the Heat Index or the Air Quality Index reaches the levels outlined below The league will recommend limited activities or cancellation of outdoor activities.
 - a. If the AQI is over 100, any players considered to be in the sensitive group should leave the field and go indoors.
 - b. If the AQI is 101-150 coaches should modify and/or limit outdoor activity
 - c. If the AQI is over 150, all outdoor activities shall be cancelled or postponed and all players should go indoors.
 - d. If the National Weather Service Heat Index, which is based on humidity and temperature, reaches the “danger” level based on the matrix provided on the NWS site: www.weather.gov/safety/heat-index All activities shall be cancelled or postponed.
10. Only USAS insured team staff are authorized to be in the dugout or the field of play during games and practices.
 - a. No more than 5 staff in the dugout at any time.

E. Umpire Duties

1. Qualified umpires will be provided for each 8U, 10U, 12U, 14U and 16U game.
 - a. Umpires will have such power as granted to them under NorCal softball rules and USA Softball.
 - b. Umpires will not be provided for TBall and 6U games.
 - c. Umpires need to identify home and visitor scorekeepers prior to the start of each game.
2. Board members, coaches, and managers can umpire so long as they have no vested interest in the game.
3. All umpires must attend the umpire's clinics or be USA certified.
4. An umpire may eject a player, manager, coach, or a parent or spectator from the game when, in their opinion, the individual is intentionally placing himself/herself or someone else in jeopardy, creating a safety hazard, or displaying unsportsmanlike conduct and will be removed from the playing fields and if the ejected person persists to cause disruption, the authorities may be notified.
5. In the absence of an umpire, the League will attempt to pull an umpire from another field. If no umpires are available, a certified representative (as noted in II-E-2) from each team will officiate the game.

F. Playing Fields

1. The baselines and pitching distances for each division's fields will be as follows:

Division	Baseline	Pitching Distance
TBall & 6U	60 ft	
6U	60ft	

8U	60 ft	30 ft
10U	60 ft	35 ft
12U	60 ft	40 ft
14U	60 ft	43 ft
16U	60 ft	43 ft

2. Diamonds will be chalked as described by NorCal rules.
3. The home team is required to prepare the field and the visiting team is required to take down the field.

G. Equipment

Ball size and type

- TBall & 6U Division – 10” RIF
- 8U Division – 10” RIF Level 1
- 10U Division – 11” Dream Seam
- 12U, 14U and 16U Divisions – 12” Dream Seam

Section III: Ground Rules 8U – 14/16U

A. Playing Rules

1. First reference NORTHERN CALIFORNIA GIRLS SOFTBALL ASSOCIATION RULES OF PLAY <https://www.norcalsoftball.org/downloads>. Second reference USA Softball for all rules and regulations with the exception of:
 - a. Minimum Play: All eligible players will play in any given game.
 - i. 8U & 10U: A player may not sit for more than 1-Inning before all players have sat out across games.
 - ii. 12U & 14/16U: A player may not sit for more than 2-Innings before all players have sat out across games.

B. Sportsmanship

1. Noise meant to rattle the pitcher, batter or any other player is not allowed.
2. Defensive players may not say SWING at the batter.
3. Only positive cheering is allowed by the teams and fans.
 - a. Umpires will act against offenders.
4. Coaches/Managers are not allowed to participate in cheering while on the playing field.
5. Use of air horns, bells or other devices deemed to create an audible distraction is prohibited.

6. All staff, volunteers, board members, and spectators are expected to follow the RGFPSL Parent/Spectator Code of Conduct. Failure to do so may result in disciplinary action by the board of directors. Please refer to 'Disciplinary Action' in the league bylaws for details.

C. Staff

1. All team staff participating in the game must be wearing their current assigned RGFPSL/USA Softball approved badge.

D. Disciplinary Action

1. Any coach, manager or team staff found to be in violation of these ground rules may be subject to disciplinary action by the board or directors.
 - a. Please refer to 'Disciplinary Action' in the league bylaws for details.

NOTE: Please refer first to NorCal and second to USA Softball for all rules and regulations not covered by League rules.

Section IV: TBall

The TBall division provides an opportunity for girls 3 to 4 years of age to learn the fundamentals of softball in a fun and relaxing atmosphere. All girls play in every game, regardless of ability, and all girls remain in the batting order throughout the entire game. The League will provide participation trophies for all teams in the division. 1 practice a week; 1 game on Saturdays.

All girls play in every game, regardless of ability, and all girls remain in the batting order throughout the entire game. The League will provide participation trophies for all teams in the division.

A. Ball In Play

1. Any batted ball must travel a minimum of 15 feet in fair territory to be considered "in play".
2. Each base runner may only advance one base for any ball hit to the infield, regardless of whether there is an overthrow.
3. After a play or attempted play by an infielder on a ball hit to the infield, the ball becomes dead.
4. Any batter/base runner not removed from a base on the play may advance no more than one base. The base runners are at risk in attempting to advance past this base. It is up to the base coaches to hold runners under this rule.

B. Base Running

1. On a ball hit from the tee, baserunners must remain in contact with their base until the ball is hit.



C. Coaching

1. A maximum of two defensive coaches may be on the field of play at one time.
 - a. These coaches are required to be in the outfield and may not enter the infield during live play.
2. Offensive coaches will be positioned in the first and third base coaching boxes.
 - a. These coaches may not touch players during live play.
 - b. These coaches will be responsible for umpiring the bases.

E. Equipment

1. Teams participating in the TBall programs will utilize a 10-inch safety ball provided by the League.
2. Only those bats approved by the USA Softball may be used in an official league game.
3. Damaged, severely worn or cracked bats are strictly prohibited.

F. Safety

1. All children must wear batting helmets with face guard when they pick up a bat in preparation for and during hitting or swinging practice. All players in the vicinity of batting practice must wear batting helmets.
2. Managers must supply basic first aid supplies during practices, including ice packs.
3. Parents are strictly forbidden from leaving their child at the park or field.
4. A parent must be always present during team events for Tee Ball players.
5. Siblings not registered with USA Softball are to stay off the field of play and stay out of the dugout during practice and games.
6. Hitting bats on trees, fence poles or anything other than softballs is prohibited.

G. Field Specifications

1. The base distance for the TBall programs shall be 60 feet.

I. Game Time Limits

1. The official TBall game shall not start a new inning after 1 hour.

J. Infield Fly Rule

1. The infield fly rule will not be utilized in the TBall programs.

K. Scoring

1. No scores or standings will be kept in the TBall program. This is a developmental League that should stress the instruction of softball skills and promote sportsmanship.



L. Team Composition

1. The goal for the league is to have a maximum of 8 players on each team's roster, unless approved by the Board. This promotes more play and touches per player.
2. All players will play on the field every inning.
 - a. These players shall be positioned as follows until the ball is hit and put into play. pitcher, one foot in contact with the pitching rubber; four infielders, in front of the outfield line; outfielders, behind the outfield line.

The League will attempt to form separate TBall & 6U programs. If there are not enough registered players/coaches, all 4, 5 and 6U players will be placed on a team and will play 6U rules.

Section V: 6U Division

The 6U Division is designed for players ages 5 to 6 years of age. 6U provides an opportunity to continue to learn the fundamentals of softball while preparing for the 8U Division. 1 practice a week; 1 game on Saturdays.

All girls play in every game, regardless of ability, and all girls remain in the batting order throughout the entire game. The League will provide participation trophies for all teams in the division.

A. Ball In Play (Weeks 1-4)

1. The distance for the pitching plate is 25 feet.
2. At bat will consist of:
 - a. 3 pitches thrown by coach
 - b. If needed, bring in the tee
3. Fair Ball: Any batted ball must travel a minimum of 15 feet in fair territory to be considered "in play"
 - a. All such balls remain in play until play is stopped as per the Dead Ball Rule.
 - a. Each base runner may advance only one base regardless of overthrows.
 - b. Any batter or base runner not removed from a base during the play may advance no more than one base. Runners are at risk if attempting to advance further.
 - i. Base coaches are responsible for holding runners accordingly.
4. Players may be called out, but the half-inning continues until the offensive team has batted through its entire lineup one time, regardless of outs made by the defense.

Ball In Play (Week 5+)

1. The distance for the pitching plate is 25 feet.
2. At bat will consist of:



- a. 3 pitches thrown by coach
 - b. If needed, bring in the tee
3. Fair Ball: Any batted ball must travel a minimum of 15 feet in fair territory to be considered “in play”
 - b. All such balls remain in play until play is stopped as per the Dead Ball Rule.
4. Infield Hit: Any batted ball that is stopped or caught in front of the baseline is considered an infield hit.
 - a. Each base runner may advance only one base on any infield hit, regardless of overthrows.
 - b. After a play or attempted play by an infielder on an infield hit, the ball becomes dead.
 - c. Any batter or base runner not removed from a base during the play may advance no more than one base. Runners are at risk if attempting to advance further.
 - i. Base coaches are responsible for holding runners accordingly.
5. Outfield Hit: Any ball hit past the baseline is considered an outfield hit.
 - a. Runners may advance only two bases at will on an outfield hit.
 - i. Base coaches are responsible for holding runners accordingly
6. Players may be called out, but the half-inning continues until the offensive team has batted through its entire lineup one time, regardless of outs made by the defense.

B. Base Running

1. On any batted ball, base runners must remain in contact with their base until the ball is hit.

C. Coaching

1. Defensive Coaches may be on the field of play and limited to a maximum of 2 at any one time.
 - b. These coaches are required to be in the outfield and may not enter the infield during live play.
2. Offensive coaches will be positioned in the first and third base coaching boxes.
 - c. These coaches may not touch players during live play.
 - d. These coaches will be responsible for umpiring the bases.
3. Any batted or thrown ball that strikes the ‘pitching’ coach results in an immediate dead ball. The batter advances to first base, and runners advance to the next base.
 - a. Coaches may adjust their position to a distance that maximizes the percentage of strikes, while remaining within the circle.

E. Equipment

4. Teams participating in the 6U programs will utilize a 10-inch safety ball provided by the League.
5. Only bats approved by the USA Softball may be used in an official league game.
6. Damaged, severely worn or cracked bats are strictly prohibited.

F. Safety

1. All children must wear batting helmets with face guard when they pick up a bat in preparation for and during hitting or swinging practice. All players in the vicinity of batting practice must wear batting helmets.
2. Catchers must always wear approved gear when catching.
3. Managers must supply basic first aid supplies during practices, including ice packs.
4. Parents are strictly forbidden from leaving their child at the park or field. A parent must be always present during team events for 6u players.
5. Siblings not registered with USA Softball are to stay off the field of play and stay out of the dugout during practice and games.
6. Hitting bats on trees, fence poles or anything other than softballs is prohibited.

G. Field Specifications

1. The base distance for the 6U programs shall be 60 feet.
2. The distance for the pitching plate shall be 25 feet.

I. Game Time Limits

1. The official 6U game shall not start a new inning after 1 hour.

J. Infield Fly Rule

1. The infield fly rule will not be utilized in the 6U programs.

K. Scoring

1. No scores or standings will be kept in the 6U division. This is a developmental League that should stress the instruction of softball skills and promote sportsmanship.

L. Team Composition

1. The goal for the league is to have a maximum of 10 players on each team's roster unless approved by the Board. This promotes more play and touches per player.
2. All players will play on the field every inning.
 - b. These players shall be positioned as follows until the ball is hit and put into play. Catcher, behind home base; pitcher, one foot in contact with the pitching rubber; four infielders, in front of the outfield line; outfielders, behind the outfield line.

Section VI: Adult Responsibility

A. Team Staff

1. Team staff will be at least 18 years of age.
2. All teams must have at minimum one (1) adult female staff member who must be in close proximity to/near players for all team practices, offsite events, in the dugout during games.
3. Will be in good standing with the RGFPSL, GSSA, and USA and adhere to league mission statements (includes incident reports, complaints, survey results responses, etc.)
4. Will help teach the players softball fundamentals, teamwork, courtesy, integrity, discipline, and sportsmanship.
5. Work together with the manager and coach to prepare the team lineup, positions, and strategy.
6. Know the rules.
7. Be fair, impartial, patient, and give constructive criticism and advice to all team players. All players are to be invited/included in all practices.
8. Promote safety and instill good sportsmanship and respect. Will always conduct him/herself with professional and sportsmanlike conduct.
9. RGFPSL will allow a Junior Coach(s) to be a part of the staff per Board approval. The Junior Coach will need to be at least 13 years old and insured by USA Softball.
10. Staff members will assist in teaching the players softball fundamentals, teamwork, courtesy, integrity, discipline and sportsmanship.
11. Staff members will work together with the team manager and head coach for lineup positions and strategy.
12. Staff members will promote safety and instill good sportsmanship and respect. They will lead by example by conducting him/herself with professional and sportsmanlike conduct.
13. Staff members are to be prompt to team practices, games, events, and meetings.

B. Team Manager

1. Team managers will be at least 18 years of age. Teams shall have an adult female as a Manager or Head Coach. If, for any reason, the female Manager/Head Coach is not present at any softball function, a substitute female chaperon over the age of 18 years must be present and in the dugout.
2. Will be in good standing with the RGFPSL, the Greater Sacramento Softball Association (GSSA), USA Softball (USA) and adheres to league mission statement (Includes incident reports, complaints, survey responses, etc.)
3. Each manager should have a team parent meeting at the beginning of the season to explain safety, discipline, substitutions, league activities and their own goals.
 - a. Enforces the league Bylaws/Operating Rules, Policies and Code of Conduct and forbids the use of vulgar language, liquor or tobacco on the playing or practice fields.

- b. Allows only team personnel wearing a current assigned RGFPSL approved badge and players on the team bench and/or in the dugout.
- 4. The Manager will be given access via the league web site to Medical Form In Case Of Injury forms for all his/her players and must have copies of these forms in their possession at all practices and games. These forms are needed should a player need medical aid.
- 5. The Manager will ensure the substitution rule is followed.
- 6. The Manager shall ensure that Parent/Spectator Code of Conduct forms are completed for each player and shall keep forms in their possession throughout the season.
- 7. Team Organization
 - a. Obtain scorekeeper(s) and an adult female chaperone to be present any time the female coach/manager is not present.
 - b. Understand your team players and your responsibilities.
 - c. Select a team captain if you desire. Be fair, assign duties for safety, cleanup, etc.
 - d. Establishing good sportsmanship, whether winning or losing, sets a good example.
 - e. Keep bats, balls, and other equipment away from the playing area.
 - f. Know the rules of the game and know ground rules.
 - g. Be prompt to games, practices, and meetings. Promote parent participation, promote your sponsor, and arrange for the team banner to be made or purchased.
 - h. Work with the team coach and assistants on lineup, positions, and strategy.
 - i. Prepare lineup properly and have ready for scorekeepers and umpires before game time.

C. Head Coach

1. Team coaches will be at least 18 years of age.
2. Will be in good standing with the RGFPSL, GSSA, and USA and adhere to the league mission statement (Includes incident reports, complaints, survey responses, etc.)
3. Will help teach the players softball fundamentals, teamwork, courtesy, integrity, discipline, and sportsmanship.
4. Work together with the manager and assistant coaches to prepare the team lineup, positions, and strategy.
5. Know the rules.
6. Be fair, impartial, patient, and give constructive criticism and advice to all team players. All players are to be invited/included in all practices.
7. Promote safety and instill good sportsmanship and respect. Will always conduct him/herself with professional and sportsmanlike conduct.
8. Will attend team functions, coaching clinics, and League meetings.
9. Will be financially responsible for the return of all equipment issued. All equipment MUST be kept in good condition and returned at the end of the season. If additional equipment or repair of equipment is needed, contact the Equipment Manager.

D. Scorekeeper

1. Will keep accurate records of each game, keeping Game Changer



2. Scorekeepers are encouraged to attend a scorekeeper's clinic.
3. Know lineup and position numbers and keep accurate changes. Spell names correctly, using both first and last names to alleviate any confusion over similar names.
4. Keeps track of balls, strikes, and outs and may assist the umpire when asked.
5. Record all illnesses, absences, benching, suspensions, and injuries in the score book.
6. Will sit in the area behind home plate and inform the umpire of the location.
7. Will refrain from coaching or making 'coaching' comments.
 - a. Make no game related comments or remarks during games other than discussions between scorekeepers and/or umpires.
8. Will follow policies & procedures provided in the Scorekeeper Clinic(s) Refer to Section II, B for additional details regarding scorekeeping.

E. Spectators

1. Spectators shall always conduct themselves in an orderly manner while following all league operational rules and bylaws.
2. Must support the league, players, umpires, teams, coaches, and managers and parents.
3. No spectators will be permitted to observe the game from the scorekeeper area, unless fulfilling the duties of scorekeeper.

F. Parent/Spectator Code of Conduct

1. Each parent/guardian is required to sign the Parent/Spectator Code of Conduct and to abide by the code during all league functions.
2. Each parent/guardian will also be responsible for any accompanying spectator's conduct.
3. Failure to comply with the Code of Conduct can result in disciplinary action up to and including suspension/dismissal.

G. Social Media Policy

1. Any posting of player(s), team staff member(s), or official(s) of negative, demeaning, or derogatory nature will not be tolerated. This includes photos, videos and/or comments.
2. Those affiliated with RGFPSL who use technology in ways that are contrary to the mission statement of the League, can face disciplinary action up to and including suspension/dismissal.
3. Will abide by social media policy agreed upon at the time of registration.

Section VII: May Madness Tournament Play

A. Tournament Play

1. Tournament play will be held at the end of the season for 8U, 10U, 12U, 14U and 16U divisions. Format for the tournament will be double elimination. 3 pool play games seeding into a single elimination tournament.
2. All protests during Tournament Play will be resolved that evening of play by at least 3 impartial board or Executive Committee members, preferably the President, Umpire-In Chief and the Vice President. (Protests should be resolved at the time of the protest)
 - a. Any coach or manager wishing to protest a rule interpretation of a game MUST submit \$100.00 cash at the time of protest.
 - b. If they win the protest, the manager will be refunded the \$100.00.
 - c. If they lose the protest, the manager will forfeit the \$100.00. USAS Rule 11 and the following will apply:
 - i. All protests must be conducted through the Umpire. The time and inning during which the protest occurred must be logged into the home scorebook. The protest must be made prior to the umpire leaving the field of play.
 - ii. Each team will present its case to the board or Executive Committee members separately, beginning with the team that filed the protest.
 - iii. After all presentations are made, the board or Executive Committee members will decide the issue with a closed-door majority vote.
 - d. Awards will be provided to 1st and 2nd place teams from each team in the 8U, 10U, 12U, 14U and 16U division.
 - e. Participation awards will also be awarded to all Tball & 6U.
3. Division specific tournament rules will be distributed prior to the tournaments.

Section VIII: All-Stars

A. Eligibility

1. All-Star/ThunderCat eligibility will concur with NorCal Division III, Part D, #3 as follows:
"Players selected must have played in one-third of the regular scheduled games to be eligible for tournament teams. If a player incurs an injury or illness on or after the first scheduled game and is unable to play one-third of the scheduled games, she will be eligible for tournament play."
2. All-Star team(s) will be selected from each division. The board will determine the appropriate number of players and staff necessary to field the team(s) for the All-Star season.
 - a. All-Star teams may compete at the B or C level per USAS rules.
3. All All-Star Coaches, Assistant Coaches and Managers must meet USAS certification requirements.



4. 6U players are not eligible for All-Stars.

B. Team Information

1. All-Star Managers and Coaches will be interviewed and recommended by a committee established by the Board. Any interested Manager/Head Coach within the division may apply to be selected as the All-Star Manager/Head Coach.
2. At the Board's discretion, applications may be accepted from individuals who did not coach in the division for which the selection is being made. The Board reserves the right to select a Manager & Head Coach that will represent the league in the most professional manner. The committee may interview the applicants.
3. One Head Coach and/or one Manager will be selected by the Committee. Qualifications for selection will be based on, but not limited to, the following criteria:
 - a. In good standing with the RGFPSL, GSSA, and USA and adheres to league mission statements (Includes incident reports, complaints, survey responses, etc.)
 - b. Recommendation letters
 - c. Application
 - d. Background and experience both inside and outside the league
4. The committee and Board reserve the right to solicit additional candidates if a minimum number of qualified applicants has not been received
5. No board member may participate in the Committee's interview and recommendation process for any division in which they have applied to coach or manage, or for the division in which their daughter would participate (in either ThunderCats or All-Stars).
6. All-Star information will be distributed at the mandatory mid-season Coach and Manager meeting hosted by the USA B Representative. From that point forward, and before each game, coaches and managers must identify players who have expressed interest in All-Stars. Coaches and managers may share their top recommendations with the opposing coach at pre-game meetings..
7. Division Reps will provide weekly updates to coaches regarding registered All-Star Candidates.
8. Any interested player must register and submit an All-Star Registration form and commitment letter on Team Sideline at least 24 hours prior to the All-Star Selection Meeting.
9. An All-Star Selection meeting will occur on or after the last Saturday in April.
 - a. All All-Star Coach and Manager applicants must be in attendance.
 - b. Coaches and Managers must attend to vote. If a coach or manager cannot attend, the Board must be notified in writing, and a substitute from their team staff may be appointed.
 - c. Any substitute coach or manager must have attended the All-Star Tryout to be eligible to vote.
 - d. If a team has no representatives, the USA B/C Coordinator, Player Agent, or Division Representative may vote on its behalf.
 - e. Parents and players are not allowed to attend the All-Star Selection meeting.
10. Selection will occur utilizing the following format:
 - a. All players who submit an All Star entry form shall be considered for All Star selection.
 - b. Coaches and Managers in attendance shall discuss their players interested in All-Stars.

- c. The first seven players are selected by the managers and coaches for that division
 - i. Each coach and manager voted by secret ballot for their top seven players.
 - ii. The seven players receiving the highest number of votes are added to the roster.
 - d. Next three players are selected by the managers and coaches using the same voting process.
 - e. A league board member announces the All-Star Coach and Manager.
 - f. The next two or three players are selected by the All-Star Coach and Manager.
 - g. Coaches and managers vote by secret ballot on the two or three alternates.
 - i. If there is more than one All-Star team in a division, alternates will be selected after both All-Star teams have been selected.
 - h. The remaining players become pool players.
 - i. All player selection and ranking must be completed prior to the end of the All-Star Selection meeting.
 - j. A complete roster and list of alternate/pool players will be compiled by the Secretary to the Player Agent at the completion of the All-Star Selection meeting.
 - k. Notification to parents of the All-Star Selection will be completed by Division Reps within 48 hours of the All-Star Selection Meeting.
 - i. Notification will also be posted on the home page of Team Sideline within 48 hours.
11. Each division's All-Star team(s) will consist of 12 or 13 players on the roster, up to 3 alternates, and any remaining pool players.
 12. If a player from the original roster is unable to complete the season, the board may allow alternates to be brought onto the team to replace the missing player in numerical order.
 - a. Once an alternate or pool player is brought onto the team, she remains a permanent member of the team.
 - b. Once the alternates have been exhausted, the coach may pick from the pool players to complete his/her team.
 - c. If the pool is exhausted, the coach and manager may choose any other age eligible, legal player from the league.
 13. The All-Star Manager and Coach may select up to 2 assistant coaches and one assistant manager.
 14. After the All-stars are selected, the All-Star manager and coach must confirm availability of all selected players for practices and games
 15. Coaches shall make commitment qualification determinations. Those players found to not meet commitment qualifications should be replaced by the first alternate.
 16. When offering a position, coaches must first discuss commitment with the parent(s), then may speak directly with the player
 17. Should an All-Star team be awarded a berth to an USA national event, a meeting must occur between the coaching staff, parents, and the USA B/C coordinator to determine feasibility.
 18. Funding
 - a. All Star player registration will fund the 2 jerseys, visor team photo, 4 coach jerseys, 4 coaches hats/visors, and entry into four All-Star tournaments. Tournaments must be held before the Western B Nationals and Cal State games.
 - b. Pants, socks, belts, helmets, bat bags are not included in the uniforms.

- c. RGFPSL will not pay for USA B Western National tournaments or Cal State games.
- d. Participation is mandatory at the Piece of the Rock tournament USAB rep, manager and coach will determine the remainder of the tournaments for the team.
- e. Teams that earn a berth to Nationals or Cal State games will hold a meeting with USAB rep, staff and parents to determine if the team will participate
- f. Funding for Nationals or Cal State games will be done through parent contributions or fundraising efforts.
- g. Additional funding for the All-Star team will be generated through financial support from parents, sponsors and fundraisers. Any sponsorship and fundraising must be pre-approved by the USA B coordinator and the Sponsor/Fundraising Coordinator.
- h. All Star team will provide a budget and account of team expenses each season to the USAS B rep for approval by the board.
- i. Budgets must be submitted to the USAS B rep for review by the budget committee and approval by the Board
- j. All Star team finances will be handled by each individual team and available upon request by any member of the public.
- k. Spending monies raised through fundraising efforts must meet the 501c(3) requirements. Unlike team fees paid by parents at the onset of the season, funds generated from sponsorships and fundraising events are to be used exclusively for the benefit of players (i.e. tournament fees, tournament expenses, costumes, pins, pizza party, etc.). Any misappropriation of funds, is considered a violation of 501c(3) laws and the coach code of conduct. Reimbursement of hotel expenses to families that travel for tournament play is allowed. However, reimbursement of meals can only be made for the team players. Any questions on appropriate spending of monies from fundraising should be brought to the RGFPSL Treasurer, or President.
- l. All team funds must be used for the benefit of the whole team. A signed contract of approved spending will be signed by any fiduciary responsible members of the team staff.
- m. Team receipts must be submitted to the RGFPSL treasurer by the 20th of each month with the President and USAS A rep copied. Receipts must be accompanied by a properly completed expense report (See Appendix TBD)with the President and USAS A rep copied.
- n. All expense reports will be subject to approval by the league Treasurer, President, Vice President, or Account Specialist and must be an approved budgeted expense.
- o. Failure to turn in receipts and expense reports on time will be reviewed by the RGFPSL Executive Board for immediate suspension of team accounts.
- p. Overdraft of team account-(suggest making this its own item) will be reviewed by the RGFPSL Executive Board for immediate suspension of team account
- q. If a Team Account is suspended on more than (3) occasions for any reason, the RGFPSL Executive Board will take control of the account.
- r. The All Star team must clearly outline any Fundraising plans in writing to the All Star families prior to the beginning of the season. An account of all fundraising activities must be available upon request. A Fundraising plan must include:
 - i. Amount of funds and/or Fundraising activities are needed.

- ii. Intention for money raised: whether to reduce individual player fees or the purpose of purchasing equipment for the team.
- iii. If there are additional monies left over at the end of the season, refer to Section V: Registration/Player Refunds.
- s. Any parent or staff reimbursements will be made by the RGFPSL Treasurer or President within 7 days of valid receipt.
- t. Any equipment purchased with team funds is property of RGFPSL and must be returned within 2 weeks after the completion of the All Star Season.

Section IX: Select ThunderCats (Early) B Program

Mission Statement:

The ThunderCats (TCats) program is an USA B program designed to offer the recreational players of RGFPSL an outlet for competitive play. It is the goal of the program to qualify for and finish within the top half of the teams at the USA B Western Nationals tournament.

A. Eligibility and Team Information

1. ThunderCats Select B team is synonymous with a recreational All Star team. It is not considered a “travel ball” team.
2. The Select ThunderCats program will be handled under the RGFPSL non-profit filing of 501(c).
3. Eligibility of the players will concur with the USA Junior Olympic guidelines unless further limited within the rules of RGFPSL. Eligible players will meet one of the following:
 - a. Residence is within the RGFPSL zip code boundaries.
 - b. Attend a Rocklin School and meet the USA age bracket specifications.
 - c. Has been grandfathered into RGFPSL.
4. The teams shall be known as the Rocklin ThunderCats. The team colors will be maroon, silver, black, white and gray. Changes to team colors, logo or artwork require majority approval of the board of directors.
5. The number of teams in each age bracket will be decided upon by the board based on the GSSA guidelines, level of interest (tryout attendance), competent coaches, and talent level of the players.
6. The tryout for the select team shall assess the skills of prospective players. The primary goal of team selection is to pick the best players to facilitate success.
7. Uniforms are purchased through team fees. A signed uniform agreement is required of each player.
8. All ThunderCats must register through the RGFPSL and pay current registration fees, for both Spring and Fall Ball, on Team Sideline. During the fall season a ThunderCat team may elect to play NorCal fall ball or other tournaments. If the team elects to play other tournaments in the Fall the fee to the league is \$100 for league expenses related to equipment, field upkeep, lights, etc.
9. The ThunderCats season will ultimately be decided by the RGFPSL Board. The season may consist of up to and including a calendar year.

10. Individuals interested in head coaching or managing a ThunderCats team must submit an application by the Fall of the proceeding season. Applicants that are new head coaches will be interviewed by the Rebel/ThunderCat/All-Star Selection Committee.
 - a. The committee will present their recommendations for coaches and/or managers to the Board for approval and coaches/managers will be announced within one week of the board's decision.
 - b. An individual may not participate in the Committee interview and recommendation process for division(s) in which they have applied to coach/manage or the division in which their daughter would participate in Early B ThunderCats or All-Stars.
 - c. The coach/manager position terms will be from the date of selection through the USAB Western National Tournament.

11. All players wishing to participate on a ThunderCats team must attend at least one try out. Tryouts will be held in July and November. Does not apply to filling a player vacancy.
 - a. Prospective players not previously registered with RGFP SL within the last two seasons will need to provide proof of residency prior to scheduled tryouts. Examples include:
 - i. Utility bill
 - ii. School Id
 - iii. Drivers' License

12. At the conclusion of tryouts, the coaches/managers will select their teams and present their rosters, to include all players and staff, to the USAB Rep.
 - a. The USAB rep will verify eligibility of the players and present the rosters to the board and/or executive board for final approval.
 - b. Final approval will be granted or denied no later than 48 hours from the submission of the roster from the coach/manager.
 - c. All tryout participants will be notified by the coach/manager, whether they were selected for the team or not, prior to the official announcement of the team.

13. Replacement players for ThunderCats team vacancies will be selected by try-out and require board approval.
14. Players requesting to try out for the older age bracket must get a board approved "play up" request prior to tryouts.
15. If the team(s) secures a berth to Nationals, the team is required to participate in the USAB Western Nationals Tournament for their division. This should be made clear to the player families prior to the season.
16. If the league proceeds with the GSSA guidelines for Early B (in the ThunderCat division of play) and the rec league has less than 4 teams , the ThunderCats will be divided amongst the rec teams.
17. In the event that there are 4 or more rec teams in a division, it will be at the board's discretion whether to include the ThunderCat players in the traditional rec program.

B. Funding

There is a considerable time and monetary commitment for families participating in this program.



1. All ThunderCats players must pay designated ThunderCats fees/expenses in order to participate in a practice or game. The player(s)' families will be responsible to purchase uniforms through their team fees.
2. Refunds of team fees for players who are removed from the team, will not be provided.
3. ThunderCats families must meet their fundraising and field/snack bar duties. All fundraising activities and sponsorships must be presented to the RGFPSL Board prior to the fundraising event and sponsorship occurring.
4. ThunderCats Registration fees will cover the GSSA Spring Select Series and 4 USA All Star Tournaments. Team fundraising and fees will cover all expenses associated with the Western Nationals Tournament.
5. Additional funding for the Post Season ThunderCats teams will be generated through financial support from parents, sponsors and fundraisers. Any sponsorship and fundraising must be pre-approved by the USAB Rep and the Sponsor/Fundraising Coordinator.
6. Funds collected or earned for the Select ThunderCats program will be managed through a separate RGFPSL ThunderCats account.
7. The ThunderCats team(s) are responsible for providing an itemized accounting of their finances at the request of the RGFPSL board or at the request from one of their ThunderCat families. Any item to be reimbursed will need an accompanying receipt. The board reserves the right to request a monthly and/or seasonal profit and loss statement from each team. Funds collected for/by the ThunderCat program are for the exclusive use of the team(s)/players.
8. In the event that funds raised for the team are unable to be spent in accordance with 501c(3) laws at the conclusion of the team's season, the balance of funds will be transferred to a RGFPSL league account. If the player continues to play with *ThunderCats or Rebels*, a portion of the balance can stay with the player to benefit her new team. This balance is determined by the total balance of funds left over, divided by the number of players on the team at the conclusion of the season.
9. Proceeds earned from fireworks booth sales shall be divided up based on shifts worked by player parents. Proceeds are intended only for use to cover costs for participation in Western B Nationals. If no teams have qualified the coaches can submit a request to the board for these funds to be used for other tournament expenses prior to or up to two weeks after Nationals. After expenses are reimbursed to families the excess funds remain in the account after the season, including Nationals, must roll over to the league, or the team
10. ThunderCats team will provide a budget and account of team expenses each season to the USAS B rep for approval by the board.
11. Budgets must be submitted to the USAS B rep for review by the budget committee and approval by the Board
12. All Star team finances will be handled by each individual team and available upon request by any member of the public.
13. Spending monies raised through fundraising efforts must meet the 501c(3) requirements. Unlike team fees paid by parents at the onset of the season, funds generated from sponsorships and fundraising events are to be used exclusively for the benefit of players (i.e. tournament fees, tournament expenses, costumes, pins, pizza party, etc.). Any misappropriation of funds, is considered a violation of 501c(3) laws and the coach code of conduct. Reimbursement of hotel expenses to families that travel for tournament play is allowed. However,

reimbursement of meals can only be made for the team players. Any questions on appropriate spending of monies from fundraising should be brought to the RGFPSL Treasurer, or President.

14. All team funds must be used for the benefit of the whole team. A signed contract of approved spending will be signed by any fiduciary responsible members of the team staff.
15. Team receipts must be submitted to the RGFPSL treasurer by the 20th of each month with the President and USAS B rep copied. Receipts must be accompanied by a properly completed expense report (See Appendix TBD)with the President and USAS B rep copied.
16. All expense reports will be subject to approval by the league Treasurer, President, Vice President, or Account Specialist and must be an approved budgeted expense.
17. Failure to turn in receipts and expense reports on time will be reviewed by the RGFPSL Executive Board for immediate suspension of team accounts.
18. Overdraft of team account-(suggest making this its own item) will be reviewed by the RGFPSL Executive Board for immediate suspension of team account
19. If a Team Account is suspended on more than (3) occasions for any reason, the RGFPSL Executive Board will take control of the account.
20. ThunderCats team must clearly outline any Fundraising plans in writing to the All ThunderCats families-prior to the beginning of the season. An account of all fundraising activities must be available upon request. A Fundraising plan must include:
 - a. Amount of funds and/or Fundraising activities are needed.
 - b. Intention for money raised: whether to reduce individual player fees or the purpose of purchasing equipment for the team.
 - c. If there are additional monies left over at the end of the season, refer to Section V: Registration/Player Refunds.
 - s.Any parent or staff reimbursements will be made by the RGFPSL Treasurer or President within 7 days of valid receipt.
 - t. Any equipment purchased with team funds is property of RGFPSL and must be returned within 2 weeks after the completion of the ThunderCats Season.

A. Team Information

1. Additional documents pertaining to the ThunderCats such as applications, commitment packages, player information and uniform agreements, are available in the "Documents" section of the "Information" tab on the RGFPSL website.
2. Once a girl has been selected on a ThunderCats team she is no longer eligible to play on an All Star team that calendar year.
3. Guest players for the ThunderCats will be selected by the coach and require board approval. Guest players must be registered to play the spring season for the league.
4. Guest and replacement players' participation in spring recreation games and practices take precedence over any ThunderCats practices/games/tournaments through the conclusion of the spring rec-season.



5. In the event of a Code of Conduct violation where the Head Coach/Manager is requesting a suspension or removal of a player and/or family/spectator, the Head Coach/Manager must notify by Incident Report, the RGFPSL President, Post-Season Coordinator, and the Player Agent by days' end.
 - a. If circumstances do not allow the individual access to the Incident Report, the coach/manager may notify by phone, email or text then follow up with an Incident Report within 48 hours.
 - b. The RGFPSL board will review the Incident Report and give an initial response within 48 hours.

See Appendix A for FAQs and Summary information.

Section XI: Fall Ball

A. General Information

1. Teams participating in the NorCal Softball Fall Ball program (Fall Ball) will use the League name, fields, equipment, uniforms, and insurance during the NorCal Fall Ball season. Once the NorCal Fall Ball season has concluded, any teams wishing to continue playing are no longer eligible to use the league fields, insurance, equipment, lights, league issued uniforms, and league name. Teams wishing to play beyond the NorCal Fall Ball season must notify the RGFPSL Board to play beyond the end of the NorCal Fall Ball season. The notification will be noted in the following month's meeting minutes. Responsibilities of the coaches and managers participating in Fall Ball will be the same as those participating in the spring season. The League will not provide trophies, or pictures.
2. Fall Ball registration opens approximately June 1st. Teams are formed in mid-August.
3. Participants are not eligible to participate on a travel softball team during the Fall Ball season.
 - a. They will be placed in the higher division for their age group.
4. Division Representatives will contact the coaches and managers regarding their division and team. Dissemination of NorCal information regarding registration, fees, league play, and tournaments will be the responsibility of the respective board members.
5. When there are sufficient players registered, teams will be formed in the following age divisions: 6U, 8U, 10U, 12U, 14U, and 16U. Players will register for the age division they will qualify for based on their age as of January 1 of the current year or opt to play in the player's upcoming year. Players will be placed onto teams in the following sequential order (during regular registration up to 10 (ten) players).
 - a. Coach request
 - b. By enrollment date by request.
 - c. Player/Family request/Registration Date
6. No new player to RGFPSL asking NorCal for an exception can take precedence over a current Rocklin player during regular registration.
7. Parents may request their child to play with specific teammates and/or coach/manager during the regular registration period. There is no guarantee that requests will be honored.

8. There is no player draft for Fall Ball. RGFPSL will not assign pitchers, catchers, etc. to the team. The responsibility for filling those positions will fall onto the coaches.
9. Minimum Play: All eligible players will play in any given game.
 - a. 8U & 10U: A player may not sit for more than 1-Inning before all players have sat out across games.
 - b. 12U & 14/16U: A player may not sit for more than 2-Innings before all players have sat out across games.
10. 6U Division program will be administered by RGFPSL

B. Additional Information

1. Interested volunteers may apply to coach or manage during the Fall Ball season. New coaches and managers to the league must participate in interviews by the coach selection committee. Coaches and managers will need to be approved by the Board. Should more coaches/managers apply than are needed in any division, the coach that has the most requests from players will be selected with the approval of the Board. Coach selection will be based on, but not limited to, the following criteria:
 - a. In good standing with the RGFPSL, GSSA, and USA, and adheres to the league, the mission statement (Includes incident reports, complaints, survey responses, etc.)
 - b. Experience and number of years with the League
 - c. Recommendation letters
 - d. Application
 - e. Background and experience both inside and outside the league.
2. Selecting practice fields and uniforms will be conducted by drawing numbers according to how many coaches there are and will use a serpentine process.
3. Uniform colors will be chosen by reverse serpentine.

APPENDIX Reference Documents

A. Select ThunderCats

Program FAQ's

<https://www.teamsideline.com/Org/Content/GetDownload.aspx?d=J8G9u5hfoQjnlzg9B%2bRs6r7UQg8Jd8rE8KxkHYG8IOA%3d>



Program Summary

<https://www.teamsideline.com/Org/Content/Download.aspx?d=J8G9u5hfoQjnIzg9B%2bRs6r7UQg8Jd8rEmKcj%2bwq3L%2fQ%3d>

